

# LIPOSOMAL C

## A liposomal vitamin C dietary supplement.\*

### Liposomal C:

- Is vegetarian and sugar free
- Is available in a liquid liposomal delivery system to support assimilation and bioavailability\*
- Helps maintain collagen\*
- Helps the body form red blood cells\*
- Provides antioxidant protection against free radicals\*
- Supports the immune system\*
- Supports gum tissue health\*

### About Vitamin C

Vitamin C (Ascorbic acid) is an essential, water soluble nutrient that acts as an antioxidant by protecting the body against oxidative stress. When there are more free radicals (reactive oxygen species, ROS) in the human body than antioxidants, the condition is called oxidative stress. Oxidative stress can lead to many health challenges. Vitamin C is also a cofactor in at least eight enzymatic reactions, including several collagen synthesis reactions. Vitamin C is found in high concentrations in immune cells, and it is consumed quickly when the immune system faces a challenge.

### Liposomal Delivery System

Liposomal encapsulation of ingredients represents a new delivery system that offers important advantages over existing methods of delivery. The liposome has hydrophilic and hydrophobic sides offering a fat and water portion which allows vitamin C to be absorbed through the fat and water soluble pathways for optimal utilization by the body. This liposomal delivery system is especially beneficial for patients who have had gastric bypass surgery, general gastro-intestinal challenges, and for those patients who require large amounts of Vitamin C.\*

### Supplement Facts

#### Serving Size 1 Teaspoon (5 ml)

#### Amount Per Serving

|                                 |          |
|---------------------------------|----------|
| Calories                        | 30       |
| Total Carbohydrates             | 5 g      |
| Vitamin C (as Sodium Ascorbate) | 1,250 mg |
| Sodium (as Sodium Ascorbate)    | 160 mg   |
| Stevia Leaf Extract             | 10 mg    |

Other Ingredients: glycerin, purified water, sunflower lecithin, sunflower oil, oleic acid polyglyceride, ascorbyl palmitate, natural flavors, ascorbic acid, xanthan gum, rosmarinic acid, mixed tocopherols, potassium sorbate.

**Warning:** If pregnant or nursing, consult your healthcare practitioner before taking this product.

**Suggested Use:** As a dietary supplement, take 1 teaspoon (5 ml) once or twice daily with food, or as directed by your healthcare practitioner. Shake well before each use.

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.