

Miracle Magnesium Gel



Topical Magnesium Gel

Magnesium Gel, our topical magnesium gel, is a pure, natural solution of magnesium chloride. This primary ingredient comes from high-quality magnesium salt derived from the depths of the earth's interior along the ancient Zechstein seabed in Europe. This delivery system is highly efficient, allowing for rapid assimilation in the body.

Magnesium is required for over 300 reactions in the body, including the support of cellular energy production, a normal inflammatory response, and a healthy pain response. **Magnesium Gel** provides a topical form of magnesium, which may act both directly on the applied area and systemically through skin absorption to improve overall magnesium levels. This delivery system is highly efficient, ultimately reducing the time needed for the magnesium to be absorbed.

Benefits

- Supports normal muscle relaxation
- Supports healthy skin
- Supports occasional muscle tension

Highlights

- Natural magnesium chloride solution
- Zechstein Inside® magnesium, the purest and most pristine source of natural magnesium salts in the world

Magnesium plays a role in muscle contractions and magnesium deficiency may contribute to muscle tightening and cramping. Low levels of magnesium may also contribute to lactic acid buildup, which contributes to muscle soreness. Topical magnesium application directly on muscles may aid normal muscle relaxation to help support occasional cramping and soreness.

The magnesium chloride in **Magnesium Gel** is genuine Zechstein Inside® magnesium, the most pristine source of natural magnesium salts in the world. Ultra-pure and untouched by pollutants, this magnesium salt was protected at depths of 5,000 to 6,500 feet in the Zechstein seabed for the past 250 million years. It is derived from seawater and it is like seawater after it dries on the skin, which may produce a tingling sensation. This can be alleviated by rinsing with cold water. Zechstein Inside® is a registered trademark of Zechstein Minerals BV in the Netherlands.

Recommended Use

Massage into the arms and/or legs as needed to provide a large area for absorption. **Magnesium Gel** delivers approximately 150 mg of elemental magnesium per 1/4 teaspoon applied to the skin.

Some users of the magnesium gel who have sensitive skin may experience tingling and/or some slight irritation at the site of application due to the high concentration of magnesium chloride. This effect is harmless and can vary based on several factors, including the application site and amount applied. Diluting the magnesium gel 1:1 with pure spring water can reduce this effect, although it is a matter of personal preference. Those who do experience this effect often report that the tingling lessens with each subsequent application.