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A Place for Consultation, Hormone Balance, and Functional Health

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Understanding Full Body Collagen vs. Vibrant Beauty Collagen

Overview

This handout will help you understand the key differences between Full Body Collagen and Vibrant Beauty Collagen, so you can choose the best product for your needs.

Full Body Collagen

What It Is:

Full Body Collagen is a synergistic formulation that supports the health of bones, joints, and skin.

Key Ingredients:

- Collagen Peptide Blends: Verisol[®], Fortigel[®], and Fortibone[®]
- Proprietary Hydrolyzation Technology for optimal benefits

Benefits:

- Supports Healthy Bones: Enhances bone strength and integrity.
- **Promotes Joint Health:** Supports joint flexibility and comfort.
- Improves Skin Appearance: Increases skin elasticity and hydration.

Recommended Use:

Dosage: Mix 13 grams (one scoop) with 8 ounces of water daily.

Vibrant Beauty Collagen

What It Is:

Vibrant Beauty Collagen™ focuses on enhancing the beauty of hair, skin, and nails.

Key Ingredients:

- Hydrolyzed Collagen Peptides
- Lustriva®: A patented blend of stabilized biotin and silica for hair, skin, and nail health.

Benefits:

- Promotes Hair Strength and Fullness: Supports healthy hair growth.
- Enhances Skin Texture: Improves skin appearance during aging.
- Strengthens Nails: Provides structural support for nails.

Recommended Use:

Dosage: Mix 6 grams (one scoop) with 8 ounces of water daily.

Key Differences

| Feature | Full Body Collagen | Vibrant Beauty Collagen |
|-----------------|---|-------------------------------|
| Target Audience | Overall health support | Aesthetic enhancement |
| Primary Focus | Bones, joints, and skin | Hair, skin, and nails |
| Key Ingredients | Verisol [®] , Fortigel [®] , Fortibone [®] | Lustriva® (biotin and silica) |
| Dosage | 13 grams daily | 6 grams daily |

Additional Information

- Both products are **unflavored**, making them easy to mix into any beverage.
- They are **gluten-free**, **dairy-free**, **soy-free**, and **non-GMO**, catering to various dietary preferences.
- Full Body Collagen is ideal for those looking to maintain overall health, while Vibrant Beauty Collagen is perfect for those focusing on beauty improvements.